

**Turia.**

# ONLINE MASTERCLASS

MINDSET COACH | ATHLETE | AUTHOR | HUMANITARIAN

Turia.



## **Without a doubt, Turia Pitt is one of Australia's most admired and widely recognised people.**

Renowned for her pure grit, indomitable spirit and passion for humanitarian work, Australians have taken Turia into their hearts and are deeply inspired by her.

In 2011, age 24, Turia was an ex-model, fitness junkie and successful mining engineer when she was caught in a grass fire while competing in a 100km ultramarathon in Western Australia.

She was choppered out of the remote desert barely alive, with full thickness burns to 64 per cent of her body.

Surviving against overwhelming odds is the least of her achievements. Turia has gone on to thrive in the ultimate story of triumph over adversity.

Widely hailed as one of the most adored women in Australia, Turia's "never ever give up" attitude inspires others to conquer their fears and be their best.

A favourite with the media, Turia features regularly on national television, in newspapers and magazines, as well as on radio and some of the country's most popular websites and blogs.

She is a highly sought-after motivational speaker, her courage inspiring people from all walks of life to start living their best life and up their own game.

Turia's international profile reached new heights after successfully completing the gruelling Ironman World Championship in Kona, Hawaii in late 2016.

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# Online Masterclass

## What Turia can speak to:

- How to build a morning routine (one that leaves you feeling motivated and inspired)
- How to get more confidence.
- Her personal journey so far - the strategies that helped her rebuild her life and chase down her biggest achievements.

## How it runs:

- Allow 5 minutes for a mutual 'hello!'
- Turia will speak for approximately 30 minutes
- If you'd like, Turia is happy to do a short 10 minute Q&A to conclude.
- We can provide a Zoom link or work within your tech setup.

## What we'll supply:

- A bubbly and friendly presenter (Turia made us write that)
- Slide deck and presentation notes
- Downloadable workbooks for all attendees.

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## Helen McCabe

Former Editor-in-Chief, *The Australian Women's Weekly*

Turia Pitt is the most inspiring woman I have ever had the pleasure to meet. She is fiercely intelligent, she is warm, she is very funny. And she is very generous. As a public speaker, she is all of these things, which is in itself remarkable.



## Mia Freedman

*Mamamia* – Founder, Publisher and Editorial Director

Meeting Turia and talking to her left me awestruck. In the time I've known her, she's taught me everything about what it means to be a woman who knows her worth and who rates her value, inside and out.



## Tony Robbins

Entrepreneur, best-selling author, philanthropist

I feel blessed to have had the opportunity to hear Turia's story of triumph over the unimaginable. She is living proof that with a strong purpose and vision for your life, you can overcome ANY challenge and any circumstance.

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# Get In Touch

To secure a time for your online masterclass with Turia, please contact:

**Grace McBride**



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